



Wider PE Opportunities:

Outdoor and
Adventurous activities,
Forest School, Dance
Festival, Friendly and
Competitive matches and
tournaments, Sports
Days, workshops with a
range of inspiring
coaches.



"To empower children and establish a lifelong enjoyment of games, athleticism and activity whilst developing their social skills, goal-setting and self-evaluation skills."

We provide a high-quality PE curriculum which inspires all pupils to access physical activity and succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Our PE opportunities build character and help to embed values such as fairness and respect. It is our aim that all pupils leave us physically literate and with the knowledge, skills and motivation necessary to lead a healthy, active life to ensure a life-long participation in physical activity and sport



Understanding of:

Fundamental Skills

Traditional and nontraditional games

Swimming skills

Dance and Gymnastics

Systems

Medium term plans
Topic Covers
Support and challenge
Retrieval of prior learning
Assessment and tracking